

<b>IOWA STATE UNIVERSITY (ISU)</b>				
<b>College of Human Sciences &amp; College of Agriculture and Life Sciences</b>				
<b>Department of Food Science and Human Nutrition</b>				
<b>Transfer Planning Guide for:</b>				
<b><u>Iowa Central Community College (ICCC)</u></b>				
ISU Major in: Pre-Diet & Exercise				
<b>(Based on the ISU 2007-2009 and 2006-2007 ICCC Catalogs)</b>				
1/03/08 (SBM)				
The courses listed below are those that can be taken at ICCC to satisfy requirements of the <b>Pre-Diet &amp; Exercise</b> major at ISU. This document was accurate on the date it was prepared but <b>may not reflect subsequent changes by ISU or ICCC</b> .				
For this reason, <i>this transfer plan should be used as a guide only, and should not replace consultation with an ICCC adviser and an ISU adviser. For clarification and more information, contact:</i>				
Sarah Bender Miller (515) 294-2553, <a href="mailto:smbender@iastate.edu">smbender@iastate.edu</a>				
No more than 65 semester credit hours earned at a two-year college can be applied to a baccalaureate degree from ISU. ISU will accept up to 16 semester hours of credit earned in vocational-technical courses if the sending community college accepts such courses toward its Associate in Art or Associate in Science Degrees.				
**All courses do not need to be completed prior to transfer. An emphasis on completing science sequence courses will best help students move through the program at the quickest pace after transfer.				
<b>ICCC</b>				
<b>NEW #</b>	<b>OLD #</b>		<b>ISU Equivalent</b>	<b>Credits</b>
<b>Communication and Library:</b>				
ENG 105	ENG 101	Composition I	ENGL 150	3
ENG 106	ENG 102	Composition II	ENGL 250	3
SPC 101	ENG 104	Fundamentals of Oral Communication	SP CM 212	3
<b>Social Sciences:</b>				
PSY 111	PSY 151	Introduction to Psychology	PSYCH 101	3
PSY 121	PSY 181	Developmental Psychology	PSYCH 230	3
<b>Humanities:</b>				
PHI 145	ENG 182	Introduction to Ethical Conflicts	PHIL 230	3
<b>Humanities - select 3 additional credits from this list:</b>				
ART 203	ART 110	Art History I	ART H 280	3
ART 204	ART 113	Art History II	ART H 281	3
LIT 101	ENG 113	Introduction to Literature	ENGL 201	3
FLG 241	MLA 113	Intermediate German I	GER 201	4
FLG 242	MLA 114	Intermediate German II	GER 202	4
FLS 241	MLA 133	Intermediate Spanish I	SPAN 201	4
FLS 242	MLA 134	Intermediate Spanish II	SPAN 202	4
HIS 112	SOC 134	Western Civilization: Ancient to Early Modern	HIST 201	4
HIS 113	SOC 135	Western Civilization: Early Modern to Present	HIST 202	4
HIS 151	SOC 115	U.S. History to 1877	HIST 221	3

HIS 152	SOC 116	U.S. History since 1877	HIST 222	3
EDU 235	EDU 121	Children's Literature	HD FS 240	3
MUS 104	MUS 101	Exploring Music	MUSIC 102	3
REL105	SOC 104	Introduction to Religion	RELIG 205	3
DRA 101	ENG 140	Introduction to Theatre	THTRE 106	3
<b>International Perspectives &amp; U.S. Diversity Courses:</b>				
Please visit with the ISU academic adviser to select appropriate transfer courses in this area.				
<b>Mathematics – choose 3-4 credits from the list below:</b>				
MAT 120	MAT 119	College Algebra	MATH 140	3
MAT 120	MAT 166	Calculus I	MATH 165	4
<b>Mathematics - select this additional course:</b>				
MAT 156	MAT 125	Statistics	STAT 104	3
<b>Physical Sciences - take both of these courses:</b>				
CHM 165	CHM 133	General Chemistry I	CHEM 177	3
		General Chemistry I Lab	CHEM 177L	1
CHM 175	CHM 134	General Chemistry II	CHEM 178	3
		General Chemistry II Lab	CHEM 178L	1
<b>Physical Sciences - choose either CHM 130 &amp; 131 OR CHM 261:</b>				
CHM 130	CHM 124	Introduction to Organic and Biochemistry	CHEM 231	3
CHM 131	CHM 125	Introduction to Organic and Biochemistry Lab	CHEM 231L	1
CHM 261	CHM 147	Organic Chemistry I	CHEM 331	3
		Organic Chemistry I Lab	CHEM 331L	1
<b>Physical Sciences - take this additional course:</b>				
PHY 162	PHY 157	College Physics I	PHYS 111	4
<b>Biological Sciences:</b>				
BIO 112	BIO 113	General Biology I	BIOL 212	3
		General Biology I Lab	BIOL 212L	1
BIO 113	BIO 114	General Biology II	BIOL 211	3
		General Biology II Lab	BIOL 211L	1
BIO 186	BIO 120	Microbiology with Lab	MICRO 200- (will sub for MICRO 201 & MICRO 201L)	4
<b>Major Courses:</b>				
BIO 151	BIO 119	Nutrition	FS HN 167	3